

GROCERY LIST: ITALY

8 Tablespoons of olive oil, plus extra for drizzling

1 large onion
6 garlic cloves
4 sprigs of basil
1/4 cup packed fresh basil or arugula leaves (plus 1/4
teaspoon dried oregano, if using arugula instead of
basil)
2 pounds vine-ripened tomatoes (about 4 large)

7 oz of stale Italian-style bread

28 oz of canned San Marzano tomatoes, or another
very high-quality variety
1 cup of vegetable stock
4 ounces unblanched almonds (skin on and chopped)

1 cup sugar
1 1/2 teaspoons baking powder
2 cups + 1 Tablespoon all-purpose flour

1 pound fresh mozzarella
4 eggs
1 tablespoon milk

Please note:

For the shopping lists, quantities have been multiplied to assume you are serving at least 4 people. (Recipes that serve 2 people, for instance, have been doubled.)

All oils for sauteing have been combined into "cooking oil" unless the type of oil is traditional to the dish. Use the fat that you prefer for this purpose.

It is assumed you already have enough table salt and ground black pepper to prepare the recipes, so they are not included unless the recipe requires a lavish amount.